### ™ IS THE MOST BIOAVAILABLE & SAFE PROTEIN FORMULA ON THE MARKET

- ✓ 3 Phase Tested
- ✓ NO Proprietary Blends

- ✓ NO Fillers. Additives or Dves
- ✓ NO Complexes or Concentrates
- ✓ Clinically Effective Doses ✓ Gourmet Taste
- ✓ Lactose Free
  - ✓ Aspartame Free

✓ No Amino Spiking

✓ Gluten Free

THE ONLY LOW-CARB ALL-IN-ONE POST-WORKOUT SOLUTION FOR BOTH MALE AND FEMALE ATHLETES

✓ NO Corn Syrup Solids

✓ NO Banned Substances/GMOs

### LIONEDGE NATION: JOIN THE PRIDE

LionEdge Nutrition™ is committed and dedicated to the principles of innovation, research, affordability, transparency and quality. Physician-owned and formulated, LionEdge Nutrition™ provides 100% transparency with medically researched & established explanations for every ingredient used. Whether you are an athlete serious about achieving significant gains in strength and lean muscle mass or simply searching for a nutritious low carb meal replacement supplement striving for a lean figure, POST-E perfect solution. Over-hyped and overpriced post workout supplements loaded with dangerous filters/proprietary blends have had their day. Supported by over 10 licensed physicians and over 200 referenced studies, PCST = CCST =

Adam Raioulh, MD

Founder & CEO, LionEdge Nutrition™

### POST-EDGET REPLACES 9 PRODUCTS IN 1: A TOTAL VALUE OF \$195

### PLEASE VISIT LIONEDGENUTRITION.COM FOR FULL INGREDIENT PROFILES SUPPORTED BY OVER 200 REFERENCED STUDIES

"Multi-phase protein" blends are a marketing factic where supplement companies include minimal amounts of quality protein and load products with cheap protein concentrates and/or junk fillers to cut costs. post workout formula that utilizes Protalyn®, a cold processed ultra-microfiltered enzymatic alkalized Whey Protein Isolate, which has the highest amount of BCAAs, is most rapidly absorbed and increases protein synthesis greater than any other protein.

Whey Isolate is the purest, most superior and efficient form of protein, which has actually been shown in research to help promote fat loss. Whey concentrates can be as low as 25% protein by weight comparing to a minimum of 90% protein in whey isolates.

Creatine increases muscle growth, strength, and recovery\*, Kre-Alkalyn® is a 100% stable, multi-patented, pH-buffered (pH-12) creatine monohydrate. It is more soluble, results in less GI distress and water retention and has a much lower recommended dosage in comparison to creatine monohydrate. In a double-blind clinical study comparing Kre-Alkalyn® to creatine monohydrate, the Kre-Alkalyn® group experienced an overall average strength increase of 28.25% above those in the unbuffered creatine monohydrate group. Our competitors prefer to sell creatine monohydrate since it is much cheaper to manufacture.

## ded leucine) (VALUE OF \$25)

BCAAs (particularly leucine) increase the rate and the cell's capacity for protein and glycogen synthesis, aiding in muscle recovery and growth, lean mass, and fat loss\*.

Post-Edge<sup>TM</sup> is the only post workout supplement on the market that supplies BCAAs in a 4:1:1 ratio with added leucine, to further maximize results\*! Additionally, our added fermented leucine undergoes a 100% vegan fermentation process while most BCAAs on the market are made from a cheaper manufacturing process from duck feathers and

L-dutamine is a crucial amino acid for building muscle and in muscle tissue repair by increasing protein/BCAA synthesis, hydration, exercise performance and recovery. Glutamine becomes greatly depleted during training, which can decrease muscle strength, staming, recovery, and overall immunity if not adequately restored. \*CST-EDGE™ includes the most bio-available glutamine on the market\*.

LionEdge Nutrition in has developed the world's most scientifically advanced. GETM\*. Insulin is a natural, anabolic hormone that drives evolucing to DESC nutrients into the cells of hungry muscle fibers, such as BCAAs, creatine, glutamine and carnitine. Counled with LAM, this allows increased absorption into systemic circulation prior to degradation in the liver, to help promote significant increases in lean muscle mass, strength and recovery\*.

Numerous studies have found that Betaine leads to an improved sense of well-being greater strength and endurance during recovery, and an increase in overall aerobic and anaerobic athletic performance, enhancing muscle power and strength (mainly in

Exclusive to LionEdge NutritionTM, LAM is the most powerful and advanced absorption enhancing matrix on the market, Featuring 2 patented ingredients - Velositol® and Bioperine®, absorption of key ingredients in E™ are significantly enhanced and MPS (muscle protein synthesis) is doubled, allowing a further increase in fat loss, lean muscle mass, strength, recovery and immunity\*

Up to several days following a workout, muscle fibers undergo micro trauma and an ongoing recovery process that can actually make them weaker until fully recovered -EDGE's Anti-Inflammatory Matrix have been clinically shown to result in reduction in muscle pain and soreness as well as joint pain and stiffness, allowing you to recover faster and to workout longer and stronger\*,

During intense prolonged exercise, athletes can lose 1500mg to 3000mg of electrolytes per hour. POST-EDGE™ is formulated to help rehydrate the body after intense exercise for optimal performance\*.











## PREMIUM BIO-ENHANCED ALL-IN-ONE POST-WORKOUT FORMULA

27.4g PROTALYN® WHEY PROTEIN ISOLATE

BCAAS W/ ADDED LEUCINE

L-GLUTAMINE

BETAINE

KRE-ALKALYN® (BUFFERED

L-CARNITINE L-TARTRATE

**RFPI ACES** 

GRASS FED, COLD-MICROFILTERED, WHEY PROTEIN ISOLATE

OG SUGAR | 0.5G FAT | 3G CARBS | 120 CALORIES **GLUTEN. LACTOSE. SOY FREE GOURMET TASTE** 











# **POST WORKOUT** Dietary Supplement



MANUFACTURED IN U.S.A., NET WT 31.7 OZ (1 LB 15.7 OZ) 900 g

# Supplement Facts

(Cold-Processed Ultra-Microfiltered Enzymatic

Typical BCAA Amino Profile (with added Leucine)

(Buffered Creatine Monohydrate, US Patent #6 399 661)

\*\*Percent Daily Values are based on a 2.000 calorie diet. Your daily values

INGREDIENTS: Protalyn® (Cold-Microfiltered Enzymatic Alkalized Whey

Protein Isolate), L-Glutamine, L-Leucine, Velositol®, Trimethylolycine (Betaine) Kre-Alkalyn®, Kre-Celazine®, Cocoa, L-Carnitine Tartrate, Magnesium Oxide,

Natural and Artificial Flavors, Coconut Water, Xanthan Gum, Alpha Lipoic Acid,

Sucralose, Cinnamon Bark, Ginger Root, Bromelain, Acesulfame Potassium,

Chromium/Amylopectin Complex

may be higher or lower depending on your calorie needs.

Alkalized Whey Protein Isolate.

ermented Betaine (Trimethylglycine)

ionerine® Black Penner Extract

nsulin Activation Anabolic Matrix

3 (as cholecalciferol)

Anti-Inflammatory Matrix

inger Root Powder

Alpha Lipoic Acid

innamon Bark Powde

† Daily Value not established

BioPerine, Vitamin D3, Stevia Extract

LionEdge™ Absorption Matrix (LAM)

ProtaLvn® WPI

L-Leucine

I -Valine

Kre-Alkalvn

/elositol<sup>®</sup>

I -Isoleucine

ermented L-Glutamine

Serving Size: 45 grams (1 heaping scoop) Servings per Container: 20

| ries:                                    | 120      |       |          | *V=L ==  |
|--|----------|-------|----------|--|
| alories from Fat:                        | 5        |       |          | Anylogecon Chronium Complex PO   |
| Fat:                                     | 0.5 g    | 1%**  | 4 =      | -  |
| rated Fat:                               | 0 g      | 0%    |          |  |
| esterol:                                 | 5 mg     | 2%    | <b>7</b> | Velositol doubled MPS when<br>combined with protein*   |
| s Fat:                                   | 0 g      | 0%    | · · F    | MUSCLE PROTEIN SYNTHESIS   |
| um:                                      | 170 mg   | 7%    |          | to action of the second |
| l Carbohydrates:                         | 3 g      | 1%**  | _        |  |
| etary Fiber:                             | 0.9 g    | 4%**  |          | *** (2x)   |
| ars:                                     | 0g (<1g) | Ť     |          | **   |
| ein (as whey protein isolate):           | 25 a     | 50%** |          |  |
| trolyte Support Matrix                   |          |       |          | 10 No.   |
| ssium                                    | 211 mg   | 6%    | m        | COMMOND TO PROCESS ALONE   |
| onut Water Powder                        | 500 mg   | Ť     | w        |  |
| um                                       | 170 mg   | 7%    | m        |  |
| nesium (as magnesium oxide)              | 400 mg   | 100%  |          |  |
| ium                                      | 130 mg   | 13%   |          | (0)  |
| cle Growth, Strength and Recovery Matrix |          |       | , 1      | KIRIS-VAVUKAV  |
|  |          |       |          |  |

1.25 g

1.25 a

5 ma

25 ma

400 IU 100%

1 ma

Amt/Serving

### OTHER CREATINES VS. KRE-ALKALYN ACIDIC ZONE - STABILITY DECREASES\*\*

ALKALINE ZONE - STARILITY INCREASES Creatine converts here to Creatinine in liquid: Kre-alkalyn's Patent #6,399,661 covers all nH zones between 7 0 - 14 0

Directions: As a dietary supplement, mix 1 serving (1 heaping scoop) of **POST-EDIGE** with 6-10 oz of cold water. Conside

days, mix 1 heaping scoop within 60 minutes after workout. On

it□∟ DOUBLE THE POWER OF YOUR PROTEIN

No change in blood glucose

non-workout days, mix 1 heaping scoop between meals.

## pH-7 8 9 10 11 12 13 pH-14



Protalyn®, Kre-Alkalyn® & Kre-Celazine® are registered trademarks of All American Pharmaceutical with Patents and Patents Pending.

WARNING: Check with a qualified healthcare professional before taking this product. Not intended for use by persons under 18 years of age. Do not use if pregnant or nursing. Discontinue use and consult a medical doctor if you experience any unusual symptoms.

Consult a medical doctor before use if you have been treated for diagnosed with or have a family history of any medical condition or if you are using any prescription or training issue of or injurious duration or in you are always any preservigation of over-the-counter medicine. Do not exceed recommended serving, Improper use of this product medication will not improve results and is not advised. Use only as directed. Do not use if packaging has been tampered with. Store in a cool, dry place (60°F to 80°F), KEEP OUT OF REACH OF CHLIDREN.

Allergen Warning: Contains Milk.

\*These statements have not been evaluated by the Food & Drug Administration This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for LIONEDGE NUTRITION<sup>†</sup> Billings, MT 59105



