

**POST EDGE™: THE NEW GOLD STANDARD FOR RECOVERY PROTEIN. PHYSICIAN FORMULATED. ATHLETE APPROVED.**

- ✓ 3 Phase Tested
- ✓ NO Proprietary Blends
- ✓ NO Fillers, Additives or Dyes
- ✓ NO Complexes or Concentrates
- ✓ NO Corn Syrup Solids
- ✓ NO Banned Substances/GMOs
- ✓ Clinically Effective Doses
- ✓ Gourmet Taste
- ✓ No Amino Spiking
- ✓ Gluten Free
- ✓ Lactose Free
- ✓ Aspartame Free

THE ONLY KETO FRIENDLY ALL-IN-ONE POST-WORKOUT SOLUTION FOR BOTH MALE AND FEMALE ATHLETES

## POST EDGE™ REPLACES 9 PRODUCTS IN 1: A TOTAL VALUE OF \$195

PLEASE VISIT LIONEDGENUTRITION.COM FOR FULL INGREDIENT PROFILES SUPPORTED BY OVER 200 REFERENCED STUDIES

### 27.4g Protalyn® Whey Protein Isolate

**◆ VALUE OF \$50**  
POST EDGE™ delivers the most bioavailable protein with patented Protalyn®, cold processed, alkalized and ultra-microfiltered, grass fed whey protein isolate. Whey isolate is the purest, most superior and efficient form of protein, which has actually been shown in research to help promote fat loss. Whey concentrates can be as low as 25% protein by weight comparing to a minimum of 90% protein in whey isolates.

### 1.5g Kre-Alkalyn® (Creatine Monohydrate)

**◆ VALUE OF \$15**  
Research has shown Creatine monohydrate increases muscle growth, strength, and recovery\*. Kre-Alkalyn® is a 100% stable, multi-patented, pH-buffered (pH-12) creatine monohydrate. It is more soluble, results in less GI distress and water retention and has a much lower recommended dosage in comparison to creatine monohydrate.

### 7.5g Branched Chain Amino Acids

**◆ VALUE OF \$25**  
BCAAs (particularly leucine) increase the rate and the cell's capacity for protein and glycogen synthesis, aiding in muscle recovery and growth, lean mass, and fat loss\*. POST EDGE™ is the only post workout supplement on the market that supplies BCAAs in a 4:1:1 ratio with added leucine, to further maximize results\*!

### 3g Fermented L-Glutamine

**◆ VALUE OF \$20**  
L-glutamine is a crucial amino acid for building muscle and in muscle tissue repair by increasing protein/BCAA synthesis, hydration, exercise performance and recovery. Glutamine becomes greatly depleted during training, which can decrease muscle strength, stamina, recovery, and overall immunity if not adequately restored.

### 1.3g POST EDGE™ Insulin Activation Matrix

**◆ VALUE OF \$35**  
Fortified with clinically dosed glucose partitioning agents which shuttle carbs into muscle cells rather than being stored as fat. This will help promote faster recovery, improved performance and increased fat loss.

### 2g Fermented Betaine Anhydrous

**◆ VALUE OF \$10**  
Numerous studies have found that Betaine leads to an improved sense of well-being, greater strength and endurance during recovery, and an increase in overall aerobic and anaerobic athletic performance, enhancing muscle power and strength (mainly in squats & bench press)\*.

### 2g LIONEDGE Absorption Matrix (LAM)

**◆ VALUE OF \$10**  
Featuring 2 patented ingredients - Velositol® and Bioperine®, absorption of key ingredients in POST EDGE™ are significantly enhanced and MPS (muscle protein synthesis) is doubled, allowing a further increase in fat loss, lean muscle mass, strength, and recovery\*.

### 1.6g Anti-Inflammatory Matrix

**◆ VALUE OF \$25**  
Clinically dosed to help reduce inflammation, joint & muscle pain and joint stiffness, keeping your joints/connective tissue healthy and primed for your next workout\*.

### 1.3g Electrolyte Support Matrix

**◆ VALUE OF \$5**  
During intense prolonged exercise, athletes can lose 1500mg to 3000mg of electrolytes per hour. POST EDGE™ is formulated to help rehydrate the body after intense exercise for optimal performance\*.



Dietary Supplement



# POST EDGE™

## PREMIUM LEAN ALL-IN-ONE POST WORKOUT



NET WT 31.7 OZ (1 LB 15.7 OZ) 900 g



## Supplement Facts

Serving Size: 45 grams (1 heaping scoop) Servings per Container: 20

	Amt/Serving	%DV
Calories:	120	
Total Fat:	0 g	0%
Saturated Fat:	0 g	0%
Cholesterol:	5 mg	2%
Sodium:	110 mg	5%
Total Carbohydrate:	3 g	1%*
Dietary Fiber:	0 g	0%
Total Sugars:	0 g (<1 g)	0%
Includes 0 g Added Sugars		
Protein (as whey protein isolate):	25 g	50%*

Electrolyte Support Matrix		
Potassium	145 mg	3%
Coconut Water Powder	500 mg	1
Sodium	110 mg	5%
Magnesium (as magnesium oxide)	400 mg	95%
Calcium	130 mg	10%

### Muscle Growth, Strength and Recovery Matrix

Protalyn® WPI	27.4 g	†
(Cold-Processed Ultra-Microfiltered Enzymatic Alkalized Whey Protein Isolate)		
Typical BCAA Amino Profile (with added Leucine)		
L-Leucine	5 g	†
L-Isoleucine	1.25 g	†
L-Valine	1.25 g	†
Fermented L-Glutamine	3 g	†
Fermented Betaine (Trimethylglycine)	2 g	†
Kre-Alkalyn®	1.5 g	†

(Buffered Creatine Monohydrate, US Patent #6,399,661)

LionEdge™ Absorption Matrix (LAM)		
Velositol® (Chromium/Amylopectin Complex)	2 g	†
Bioperine® Black Pepper Extract	5 mg	†

Anti-Inflammatory Matrix		
Kre-Celazine®	1.5 g	†
Ginger Root Powder	50 mg	†
Bromelain	25 mg	†

Insulin Activation Anabolic Matrix		
L-Carnitine Tartrate	1 g	†
Alpha Lipoic Acid	200 mg	†
Cinnamon Bark Powder	100 mg	†
Vitamin D3 (as cholecalciferol)	10mcg (400 I.U.)	50%
Stevia Extract	1 mg	†

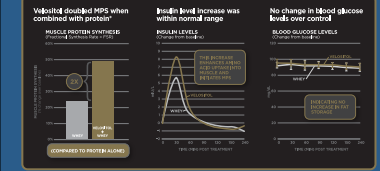
\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

† Daily Value not established

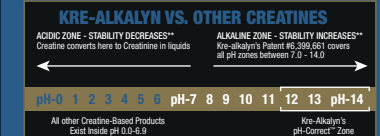
**INGREDIENTS:** Protalyn® (Cold-Microfiltered Enzymatic Alkalized Whey Protein Isolate), L-Glutamine, L-Leucine, Velositol®, Trimethylglycine (Betaine), Kre-Alkalyn®, Kre-Celazine®, L-Carnitine Tartrate, Natural and Artificial Flavors, Magnesium Oxide, Blueberry Pieces, Coconut Water, Xanthan Gum, Alpha Lipoic Acid, Sucralose, Cinnamon Bark, Ginger Root, Bromelain, Acesulfame Potassium, Bioperine®, Vitamin D3, Stevia Extract

**Directions:** As a dietary supplement, mix 1 serving (1 heaping scoop) of POST EDGE™ with 8-12 oz of cold water. Consider adding a small amount of milk for thicker texture. On workout days, mix 1 heaping scoop within 60 minutes after workout. On non-workout days, mix 1 heaping scoop between meals.

## VELOSITOL® DOUBLE THE POWER OF YOUR PROTEIN!



## KRE-ALKALYN® THE MOST POWERFUL AND STABLE CREATINE!



Protalyn®, Kre-Alkalyn®, and Kre-Celazine® are registered trademarks of All American Pharmaceutical. Kre-Alkalyn® is protected by US Patent 6,399,661 with other patents and patents pending. Kre-Celazine® is protected by US Patent 9,968,551 with other patents and patents pending.

Velositol® and its associated logo is a registered trademark of Nutrition 21, LLC. Velositol® is patent protected.

**WARNING:** Check with a qualified healthcare professional before taking this product. Not intended for use by persons under 18 years of age. Do not use if pregnant or nursing. Discontinue use and consult a medical doctor if you experience any unusual symptoms. Consult a medical doctor before use if you have been treated for diagnosed with, or have a family history of any medical condition or if you are using any prescription or over-the-counter medicines. Do not exceed recommended serving. Improper use of this product medication will not improve results and is not advised. Use only as directed. Do not use if packaging has been tampered with. Store in a cool, dry place (60°F to 80°F). KEEP OUT OF REACH OF CHILDREN.

Allergen Warning: Contains Milk.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by:  
**LIONEDGE NUTRITION™**  
Billings, MT 59105  
4889-P346P-900



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